



Singa Sandwich

*Eating a hearty and happy sandwich
makes a great start to your day!*

You'll need:

- 1 Sandwich bread slice
- 1 Ham slice
- 2 Cheese slices
- 2 Slices of boiled egg white
- 1 Small Straw (McDonald's straw)
- 1 Large Straw (Bubble Tea Straw)
- Kitchen knife or Coffee Stirrer for cutting/shaping
- Paper Scissors



Kindness Recipe

- 1 Print Singa's sandwich template and cut out the pieces

(Sandwich template on last page of this recipe)



- 2 Using Singa's head template as a guide, cut/shape Singa's head and hair from cheese using coffee stirrer.



- 3 Using a slice of egg white and large bubble tea straw, shape out two ovals for Singa's eyes. First, flatten the straw and punch out two ovals. *(Refer to template)*

- 4 With a slice of ham and small straw, punch out four circles for Singa's eyeballs, ears and nose. For the ears and nose, slice one of the circles into half.



- 5 Using the template as a guide, cut out Singa's mouth from ham.

(Warning: Please seek adult supervision when using knife)



- 6 Arrange the cut out ingredients onto the bread slice, following the shape on the template.



- 7 Line bread with butter, lettuce and tomatoes. *(Recommended: Wholemeal bread for healthier choice)*



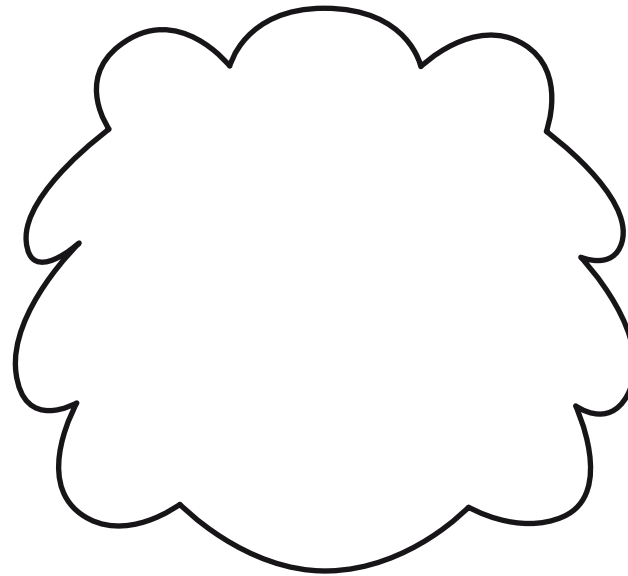
SINGA'S SANDWICH



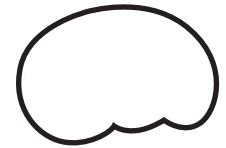
Template



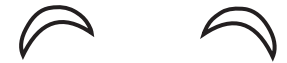
① Singa's Head (Cheese)



② Singa's Hair (Cheese)



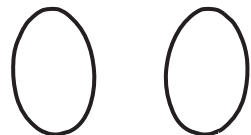
③ Singa's EyeBrow (Ham)



④ Singa's Ear (Ham)



⑤ Singa's Eyes (Egg white)



⑥ Singa's Pupils (Ham)



⑦ Singa's Nose and Mouth (Ham)

